

# Case History Form

(Please fill out both sides)

Date: \_\_\_/\_\_\_/\_\_\_

Patient Name: \_\_\_\_\_

## GENERAL

- 1 \_\_\_ Fever
- 2 \_\_\_ Chills
- 3 \_\_\_ Night Sweats
- 4 \_\_\_ Loss of Sleep
- 5 \_\_\_ Fatigue
- 6 \_\_\_ Nervousness
- 7 \_\_\_ Weight Loss or Gain
- 8 \_\_\_ Allergies
- 9 \_\_\_ Bleeding Problem
- 10 \_\_\_ Anemia
- 11 \_\_\_ Diabetes
- 12 \_\_\_ Cancer
- 13 \_\_\_ Heart Disease
- 14 \_\_\_ Asthma
- 15 \_\_\_ HIV Risk Factors  
(Sharing needles, etc...)

## EYE, EAR, NOSE and THROAT

- 16 \_\_\_ Poor Vision
- 17 \_\_\_ Pain in Eye(s)
- 18 \_\_\_ Deafness/Difficulty Hearing
- 19 \_\_\_ Nosebleeds
- 20 \_\_\_ Nose Problems
- 21 \_\_\_ Sinus Trouble
- 22 \_\_\_ Dental Problems
- 23 \_\_\_ Hoarseness
- 24 \_\_\_ Tonsillectomy

## GASTROINTESTINAL

- 25 \_\_\_ Poor Appetite
- 26 \_\_\_ Poor Digestion
- 27 \_\_\_ Difficulty Swallowing
- 28 \_\_\_ Belching or Gas
- 29 \_\_\_ Frequent Nausea
- 30 \_\_\_ Vomiting
- 31 \_\_\_ Vomiting Blood
- 32 \_\_\_ Pain over Abdomen
- 33 \_\_\_ Ulcer
- 34 \_\_\_ Black or Bloody Stool
- 35 \_\_\_ Liver Problems
- 36 \_\_\_ Gall Bladder Problems
- 37 \_\_\_ Jaundice
- 38 \_\_\_ Hernia
- 39 \_\_\_ Diarrhea
- 40 \_\_\_ Constipation
- 41 \_\_\_ Hemorrhoids
- 42 \_\_\_ Appendicitis

## RESPIRATORY

- 53 \_\_\_ Difficulty Breathing
- 54 \_\_\_ Chronic Cough
- 55 \_\_\_ Spitting Blood
- 56 \_\_\_ Spitting Phlegm
- 57 \_\_\_ Wheezing
- 58 \_\_\_ Pneumonia
- 59 \_\_\_ Tuberculosis

## CARDIOVASCULAR

- 60 \_\_\_ Irregular Heartbeat
- 61 \_\_\_ High Blood Pressure
- 62 \_\_\_ Pain over Heart
- 63 \_\_\_ Previous Heart Trouble

## CARDIOVASCULAR CONT.

- 64 \_\_\_ Ankle Swelling
- 65 \_\_\_ Varicose Veins
- 66 \_\_\_ Rheumatic Fever
- 67 \_\_\_ Stroke

## GENITOURINARY

- 68 \_\_\_ Frequent Urination
- 69 \_\_\_ Painful Urination
- 70 \_\_\_ Blood in Urine
- 71 \_\_\_ Kidney Disease
- 72 \_\_\_ Urinary Infection
- 73 \_\_\_ Inability to Control Urination
- 74 \_\_\_ Difficulty Starting Urine Flow
- 75 Get up \_\_\_ times per night to urinate
- 76 \_\_\_ Venereal Infection (STD)
- 77 \_\_\_ Sexual Difficulties

## SKIN

- 78 \_\_\_ Itching
- 79 \_\_\_ Bruising
- 80 \_\_\_ Change in Mole(s)
- 81 \_\_\_ Skin Cancer
- 82 \_\_\_ Eczema
- 83 \_\_\_ Psoriasis
- 84 \_\_\_ Other Skin Lesions

## NEUROLOGICAL

- 85 \_\_\_ Weakness
- 86 \_\_\_ Twitching
- 87 \_\_\_ Tremors
- 88 \_\_\_ Headache
- 89 \_\_\_ Fainting
- 90 \_\_\_ Dizziness
- 91 \_\_\_ Convulsions
- 92 \_\_\_ Epilepsy
- 93 \_\_\_ Numbness/Tingling
- 94 \_\_\_ Arm/Leg Pain
- 95 \_\_\_ Mental Disorder

## ENDOCRINE

- 96 \_\_\_ Goiter
- 97 \_\_\_ Thyroid Cancer
- 98 \_\_\_ Adrenal Disease
- 99 \_\_\_ Diabetes (Indicate type I or II)

## ACCIDENTS/TRAUMA

- 100 \_\_\_ Motor Vehicle Accidents
- 101 \_\_\_ Other Trauma/Accidents

## WOMEN ONLY

- 102 \_\_\_ Live Births
- 103 \_\_\_ Miscarriages
- 104 \_\_\_ Painful Periods
- 105 \_\_\_ Excessive Flow
- 106 \_\_\_ Irregular Cycles
- 107 \_\_\_ Vaginal Burning/Itching
- 108 \_\_\_ Hot Flashes
- 109 Date Last Period Began \_\_\_\_\_

## MEN ONLY

- 110 \_\_\_ Testicular Swelling/Pain
- 111 \_\_\_ Prostate Problem

## IMMUNE SYSTEM

- 112 \_\_\_ Auto Immune Disease
- 113 \_\_\_ Getting Sick Very Easily
- 114 \_\_\_ Leukemia/Lymphoma

## MUSCULOSKELETAL

- 115 \_\_\_ Neck Stiffness/Pain
- 116 \_\_\_ Pain Between Shoulders
- 117 \_\_\_ Low Back Pain
- 118 \_\_\_ Swollen Joints
- 119 \_\_\_ Painful Joints
- 120 \_\_\_ Muscle Aches/Soreness
- 121 \_\_\_ Spinal Curvature
- 122 \_\_\_ Arthritis

## CHILDHOOD DISEASES

- 123 \_\_\_ Mumps
- 124 \_\_\_ Measles
- 125 \_\_\_ Chickenpox

## HOSPITALIZATIONS

- 126 \_\_\_ List Dates and Reasons:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## SURGERIES

- 127 \_\_\_ List Dates and Reasons:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## HABITS

- 128 \_\_\_ Smoking \_\_\_ packs/day
- 129 \_\_\_ Drinking
- 130 \_\_\_ Recreational Drug Use

## FAMILY HISTORY

Use the following abbreviations:

**M**=Mother **F**=Father **S**=Sister **B**=Brother  
**MM**=Mother's Mother **MF**=Mother's Father  
**FM**=Father's Mother **FF**=Father's Father

- 131 \_\_\_ Diabetes
- 132 \_\_\_ Thyroid Dz
- 133 \_\_\_ Tuberculosis
- 134 \_\_\_ Kidney Dz
- 135 \_\_\_ High Blood Press.
- 136 \_\_\_ Heart Disease
- 137 \_\_\_ Muscle, Bone, or  
Nerve Disease
- 138 \_\_\_ Other

## VACCINATIONS (Please use MM/YYYY)

- \_\_\_ Tetanus/DPT
- \_\_\_ Influenza
- \_\_\_ Pneumovax

## PRIMARY CARE PHYSICIAN

Name and phone number

\_\_\_\_\_

\_\_\_\_\_

The items above may relate to your current condition. In the space in front of each item, place a P if you PRESENTLY have the problem and an H if you previously HAD the problem. Leave the space blank if you NEVER had the problem.

## Case History Form

Date: \_\_\_/\_\_\_/\_\_\_

Patient Name: \_\_\_\_\_

General Health \_\_\_\_\_  
Childhood Illnesses \_\_\_\_\_

Major Adult Illnesses \_\_\_\_\_  
Serious Injuries & Resulting Disability \_\_\_\_\_  
Allergies \_\_\_\_\_

Recent Screening Tests \_\_\_\_\_  
Primary Care Physician and Any Specialists Consulted \_\_\_\_\_

Medication List - Include over the counter medications

1.	Dosage	Frequency	Reason for taking
2.	Dosage	Frequency	Reason for taking
3.	Dosage	Frequency	Reason for taking
4.	Dosage	Frequency	Reason for taking
5.	Dosage	Frequency	Reason for taking
6.	Dosage	Frequency	Reason for taking
7.	Dosage	Frequency	Reason for taking
Others _____			

Supplements/Vitamins/Herbs List

1.	Dosage	Frequency	Reason for taking
2.	Dosage	Frequency	Reason for taking
3.	Dosage	Frequency	Reason for taking
4.	Dosage	Frequency	Reason for taking
5.	Dosage	Frequency	Reason for taking
6.	Dosage	Frequency	Reason for taking
7.	Dosage	Frequency	Reason for taking
Others _____			

Known Allergies \_\_\_\_\_

### Pain Chart



**Please mark areas affected on this diagram, using the following abbreviations:**

- P**=Pain
- R**=Radiation
- N**=Numbness
- T**=Tingling
- S**=Soreness
- A**=Ache
- St**=Stiffness(ST)

I hereby attest that the foregoing information is true and correct to the best of my knowledge, and that I have not knowingly omitted any prescription, street, or over the counter medication, supplements, or vitamins from this case history form.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_